

IHOP

RESTAURANT®

at IHOP
the perfect
start to
great

etime
HOP's
eggs!

I ❤️ eating
breakfast
at 7pm!!!!

I ❤️ IHOP & have
since I was a child...
it's always a treat!

Crepes for
breakfast!!!!

Breakfast never
smelled so good!!

I ❤️ the Spinach &
Mushroom Omelette
for breakfast!

Let the
Syrup Pour!

Yum, breakfast,
lunch, dinner
anytime!! :)

I ❤️ IHOP!
Deelish!!!

Start flipping,
I'm on my way!



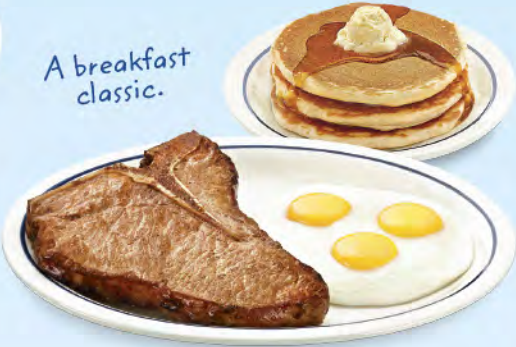
#IHOP

breakfast combos



Split Decision Breakfast*

Two eggs, 2 bacon strips, 2 pork sausage links, 2 triangles of French toast & 2 buttermilk pancakes. 9.79
Desayuno Decisión Dividida
1120 Calories



T-Bone Steak & Eggs*

Served with 3 eggs & 3 buttermilk pancakes. 15.99
Bistec T-Bone y Huevos
1300 Calories



Quick 2-Egg Breakfast*

Two eggs, hash browns, 2 bacon strips or 2 pork sausage links & toast. 8.39
Desayuno Rápido de 2 Huevos
1070-1150 Calories



Country Fried Steak & Eggs*

A golden 8 oz. battered beef steak smothered in country gravy. Served with 2 eggs, hash browns & 2 buttermilk pancakes. 10.29
Bistec Campestre Frito y Huevos
1750 Calories



Simple & Fit 2-Egg Breakfast

Scrambled egg substitute served with 2 slices of turkey bacon, seasonal mixed fruit & dry whole wheat toast. 8.59
Simple & Fit Desayuno de 2 Huevos
340 Calories



Smokehouse Combo*

Two jumbo smoked pork sausage links served with 2 eggs, hash browns & 2 buttermilk pancakes. 9.79
Combo de Salchichas Ahumadas
1360 Calories

Add a Side

-  **Oatmeal** 2.99
with brown sugar, milk & bananas
260 Calories
- Hash Browns** 1.99
320 Calories
- Buttered Toast** 1.59
250-400 Calories
- Small Bowl of Seasonal Fruit** 1.99
60 Calories
- Pork Sausage Links (4)** 2.99
350 Calories
- Bacon Strips (4)** 2.99
180 Calories
- Slice of Ham** 3.49
120 Calories
- Turkey Bacon Strips (4)** 2.99
100 Calories
- Seasoned Red Skin Potatoes** 1.99
390 Calories
- English Muffin** 1.59
190 Calories
- Biscuits (2)** 1.99
440 Calories

2 x 2 x 2*

Two eggs, 2 bacon strips or 2 pork sausage links & 2 buttermilk pancakes. 7.79
2 x 2 x 2
680-760 Calories

Biscuits & Gravy Combo*

Two buttermilk biscuits covered in country gravy. Served with 4 pork sausage links, 2 eggs & hash browns. 9.79
Combo de Bisques con Salsa Gravy
1440 Calories

Eggs Benedict*

Canadian-style bacon on an English muffin topped with 2 poached eggs & rich hollandaise. Served with hash browns. 9.79
Huevos Benedict
1020 Calories

Breakfast Sampler*

Two eggs, 2 bacon strips, 2 pork sausage links, 2 pieces of ham, hash browns & 2 buttermilk pancakes. 9.69
Desayuno Sampler
1220 Calories

Sirloin Tips & Eggs*

USDA Select sirloin tips cooked with grilled onions & mushrooms. Served with 2 eggs, hash browns & 2 buttermilk pancakes. 11.59
Puntas de Bistec Sirloin y Huevos
1360 Calories

A little bit of everything on one plate!



*NOTICE: ITEMS MARKED WITH AN * MAY BE COOKED TO ORDER. CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS. IHOP cannot ensure items do not contain ingredients that might cause an allergic reaction. Please consider this when ordering and ask for a copy of the Allergen Information.
A 2,000 calorie diet is used as the basis for general nutrition advice; however, individual calorie needs may vary.

hearty omelettes

Made with a splash of our famous buttermilk & wheat pancake batter for extra fluffiness!

Omelettes[†] include your choice of:

3 Buttermilk Pancakes
470 Calories

Hash Browns
320 Calories

Toast
250-400 Calories

Seasonal Mixed Fruit
60 Calories

3 Flavored Pancakes^{††}
add 1.79
420-850 Calories

[†]Except for Simple & Fit selections which are served as described.

^{††}For flavors see "Our World Famous Pancakes" page.



Hearty Ham & Cheese Omelette
Stuffed with ham, Jack & Cheddar cheeses & a cheese sauce. 9.99
Omelette de Jamón y Queso
950 Calories



Country Omelette
Ham, Cheddar cheese, onions & hash browns topped with sour cream. 10.79
Omelette Campestre
1220 Calories



Bacon Temptation Omelette
Six strips of bacon with Jack & Cheddar cheeses & a cheese sauce topped with tomatoes. 10.79
Omelette de Tocino
1100 Calories



Simple & Fit Vegetable Omelette
Egg substitute with fresh spinach, mushrooms, onions & Swiss cheese topped with tomatoes. Served with seasonal mixed fruit. 9.99
Simple & Fit Omelette de Vegetales
310 Calories



Chicken Fajita Omelette
Grilled seasoned chicken breast strips with fresh green peppers, onions, salsa & a blend of Jack & Cheddar cheeses topped with sour cream. 10.99
Omelette de Fajitas de Pollo
1030 Calories



Colorado Omelette
Bacon, pork sausage, shredded beef & ham with fresh green peppers, onions & Cheddar cheese. Served with salsa. 10.99
Omelette Colorado
1210 Calories



Garden Omelette
A fresh mix of green peppers, mushrooms, onions & tomatoes with Cheddar cheese. 9.79
Omelette de Vegetales
920 Calories

International Omelette
Ham, fresh green peppers, onions & salsa with Cheddar cheese & topped with more salsa. 9.99
Omelette Internacional
820 Calories

Big Steak Omelette
Steak, Cheddar cheese & hash browns with green peppers, onions, mushrooms & tomatoes. Served with salsa. 10.99
Omelette de Bistec
1290 Calories

Spinach & Mushroom Omelette
Fresh spinach, mushrooms, onions & Swiss cheese topped with hollandaise & tomatoes. 9.99
Omelette de Espinacas y Champiñones
1000 Calories

Create Your Own Omelette

An omelette with choice of cheese: Cheddar, White Cheddar, American, Jack & Cheddar blend, Provolone, Swiss or Pepper Jack. 8.79
Crea tu Propio Omelette
680-760 Calories

Add your ingredients. .99 each

- **Bacon**
90 Calories
- **Pork Sausage**
180 Calories
- **Ham**
30 Calories
- **Extra Cheese**
150-230 Calories
- **Fresh Mushrooms**
10 Calories
- **Fresh Tomatoes**
10 Calories
- **Fresh Spinach**
15 Calories
- **Fresh Green Peppers & Onions**
10 Calories
- **Roasted Red Peppers**
10 Calories
- **Green Onions**
10 Calories



Simple & Fit UNDER 600 CALORIES

Choose one of our "Simple & Fit" under 600 calorie selections or use the following tips to enjoy lower calorie versions of your favorite IHOP classics.

Hold:

- Butter or whipped topping
- Cheese or ask for less

Ask for

- Sugar substitute in coffee & tea
- 2% milk in your coffee
- Sugar-free syrup
- Egg substitute
- Turkey bacon



Variations and substitutions will increase or decrease stated nutritional values; values obtained by laboratory testing may be different. Nutritional information on this menu is accurate as of the date of printing. Sometimes, recipes and ingredients may change before a new menu is printed. The latest nutritional information is available upon request, or on www.ihop.com.

our world famous pancakes

Pick-A-Pancake Combo*



2 pancakes + 2 eggs + hash browns + 2 bacon strips or sausage links

Choice of 2 same-flavored pancakes:
Any flavor on this page or Cinnamon Apple or Strawberry. 9.29
Elija un Combo de Panqueques
950-1350 Calories



Strawberry Banana

Four buttermilk pancakes filled with banana slices topped with glazed strawberries & more bananas. 8.99
Panqueques con Plátano y Fresas
760 Calories



Whole Wheat w/ Bananas

Four whole wheat pancakes topped with fresh banana slices. 8.29
Panqueques de Trigo Integral con Plátano
570 Calories • 10g Fiber



What made us famous!

Original Buttermilk

Five award-winning buttermilk pancakes. 6.99
Available in a 3-stack. 5.99
Panqueques Originales de Buttermilk
470-750 Calories



Chocolate inside & out!

Chocolate Chocolate Chip

Four chocolate pancakes with chocolate chips, dusted with powdered sugar.
Available in buttermilk version. 8.99
Panqueques de Chocolate con Chispas de Chocolate
710-720 Calories

Combos

Simple & Fit Under 600 Calories Pancake Combo

Scrambled egg substitute, 2 turkey bacon strips & choice of 2 same-flavored pancakes: Whole Wheat w/ Bananas or Blueberry Harvest Grain 'N Nut® with blueberries & topped with fresh banana slices. 8.99
Simple & Fit Combo de Panqueques
400-480 Calories

Pancake Platter

Three buttermilk pancakes with choice of 4 bacon strips or 4 pork sausage links. 8.99
Plato de Panqueques
650-820 Calories

Rooty Tooty Fresh 'N Fruity®*

Two buttermilk pancakes with choice of cinnamon apple or blueberry compote, or glazed strawberries. Served with 2 eggs, 2 bacon strips & 2 pork sausage links. 8.79
Rooty Tooty Fresh 'N Fruity®
900-910 Calories

3 Eggs & Pancakes*

Three buttermilk pancakes with 3 eggs. 6.99
3 Huevos y Panqueques
860 Calories

With choice of: *Con su elección de:*

- 4 Bacon Strips 8.99
180 Calories
- 4 Pork Sausage Links 8.99
350 Calories
- 4 Turkey Bacon Strips 8.99
100 Calories
- Slice of Ham 8.99
120 Calories
- 2 Slices of Canadian-Style Bacon 8.99
120 Calories

You'll go nuts for these!



Harvest Grain 'N Nut®

Four nutty pancakes with a blend of oats, almonds & walnuts. 8.99
Available with cinnamon apple or blueberry compote. 9.29
Panqueques Harvest Grain 'N Nut®
680-740 Calories

Cinn-A-Stack®

Four buttermilk pancakes with cinnamon roll filling topped with cream cheese icing. 8.99
Panqueques Cinn-A-Stack®
890 Calories

Add a Side

-  **Oatmeal** 2.99
with brown sugar, milk & bananas
260 Calories
- **Hash Browns** 1.99
320 Calories
- **Buttered Toast** 1.59
250-400 Calories
- **Small Bowl of Seasonal Fruit** 1.99
60 Calories
- **Pork Sausage Links (4)** 2.99
350 Calories
- **Bacon Strips (4)** 2.99
180 Calories
- **Slice of Ham** 3.49
120 Calories
- **Turkey Bacon Strips (4)** 2.99
100 Calories
- **Seasoned Red Skin Potatoes** 1.99
390 Calories
- **English Muffin** 1.59
190 Calories
- **Biscuits (2)** 1.99
440 Calories

New York Cheesecake

Four buttermilk pancakes with cheesecake bites topped with glazed strawberries. 8.99
Panqueques de Pastel de Queso Nueva York
1100 Calories

Double Blueberry

Four buttermilk pancakes filled with blueberries & topped with blueberry compote. 8.99
Panqueques con Arándanos
690 Calories

Blueberriness equals happiness.



french toast & waffles



Strawberry Banana French Toast
Our original French toast topped with glazed strawberries & fresh banana slices. 9.29
Pan Francés con Fresas y Plátanos
880 Calories



Our Original French Toast
Six triangles dusted with powdered sugar. 7.29
Nuestro Pan Francés Original
720 Calories



Stuffed French Toast
Two cinnamon-raisin triangles with sweet cream filling. Topped with choice of glazed strawberries, strawberry vanilla or peach vanilla toppings. 8.29
Pan Francés Relleno
990-1040 Calories

brioche french toast

It's amour at first bite!



Peaches & Cream Brioche French Toast
Three slices topped with sliced peaches, honey-roasted pecans & vanilla cream drizzle. 8.29
Pan Francés Brioche con Duraznos y Crema
880 Calories



Berry Berry Brioche French Toast
Three slices topped with blueberries & glazed strawberries. 8.29
Pan Francés Brioche con Arándanos y Fresas
770 Calories



Bananas Foster Brioche French Toast
Three slices topped with a classic New Orleans Foster's sauce with sliced bananas caramelized in a buttery brown sugar glaze. 8.29
Pan Francés Brioche con Plátano y Salsa Foster
980 Calories



Chicken & Waffles
Four all white meat crispy strips with a Belgian waffle. Served with honey mustard dipping sauce. 7.99
Pollo y Waffles
1040 Calories



Belgian Waffle
A traditional golden Belgian waffle. 7.29
Waffle Belga
400 Calories

NEW! cream-topped waffles

Bananas & Cream

A traditional golden Belgian waffle topped with sweet vanilla cream, sliced bananas, honey-roasted pecans & finished with powdered sugar. 8.99
Waffle con Plátano y Crema
660 Calories

Berries & Cream

A traditional golden Belgian waffle topped with sweet vanilla cream, blueberries, glazed strawberries & finished with powdered sugar. 8.99
Waffle con Arándanos, Fresas y Crema
620 Calories

Combos



Create Your Own French Toast Combo*
french toast + 2 eggs + hash browns + 2 bacon strips or sausage links

Original (4 triangles)	9.29
Strawberry Banana (4 triangles)	9.29
Brioche Flavors (2 slices)	9.29
Stuffed Flavors (1 triangle)	9.29

Crea tu Propio Combo de Pan Francés
1160-1370 Calories



Belgian Waffle Combo*
belgian waffle + 2 eggs + 2 bacon strips or sausage links

Traditional Belgian Waffle	8.59
Cream-Topped Waffle Flavors	9.99

Combo de Waffle Belga
750-1090 Calories

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crepes & salads

International Crepe Passport Combo*



crepe + 2 eggs + 2 bacon strips + 2 sausage links

Swedish (2 crepes) 8.79
Fruit-Topped (2 crepes) 8.79
Combo de Crepa Pasaporte Internacional
1110-1140 Calories

Great eatin' just like Sweden.



Swedish Crepes

Four crepes topped with sweet-tart lingonberries & lingonberry butter. 7.99
Crepas Suecas
1110 Calories

Pick the fruit we picked just for you.



Fruit-Topped Crepes

Four crepes topped with choice of cinnamon apple or blueberry compote, or glazed strawberries. 7.99
Crepas con Fruta
1120-1180 Calories

Soup of the day

Ask your server for today's selection. 3.99
Sopa del Día
140-420 Calories

Salads

Don't forget your greens!



House Salad

Served with croutons & choice of dressing. 3.99
Ensalada de la Casa
110-390 Calories



Grilled Chicken Caesar Salad

Grilled chicken breast on romaine with Parmesan cheese tossed in Caesar dressing. Served with garlic bread. 8.99
Ensalada César con Pollo Asado
1050 Calories



Crispy Chicken Salad

Crispy chicken, tomatoes, bacon, Jack & Cheddar cheeses & a hard-boiled egg on garden greens tossed with honey mustard dressing. Served with garlic bread. 8.99
Available with grilled chicken. 8.99
Ensalada de Pollo Crujiente
1280-1400 Calories

Garden Stuffed Crepes

Two crepes stuffed with Swiss cheese, eggs scrambled with fresh spinach, mushrooms & onions topped with hollandaise & tomatoes. 9.99
Crepas Rellenas con Vegetales
1230 Calories

Chicken Florentine Crepes

Two crepes filled with grilled chicken breast, fresh spinach, mushrooms, onions & Swiss cheese topped with hollandaise. 10.99
Crepas de Pollo a la Florentina
1020 Calories

Loved by spinach lovers!



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sandwiches

Sandwiches[†] include
your choice of:

Seasoned Fries
300 Calories

Onion Rings
620 Calories

Seasonal
Mixed Fruit
60 Calories

Soup
140-420 Calories

Side Salad
110-400 Calories

[†]Except for Simple & Fit selections which are served as described.



Double BLT

Double-decker with 6 strips of bacon, lettuce, tomato & mayonnaise on white toast. 8.29
Sándwich Doble de Tocino
700 Calories



Turkey & Bacon Club

Roasted turkey, bacon, Cheddar cheese, tomatoes, lettuce & mayonnaise on a grilled roll. 8.99
Sándwich Club de Pavo y Tocino
780 Calories



Philly Cheese Steak Stacker

Grilled steak & onions topped with melted American cheese on a grilled roll. 9.29
Sándwich Philly de Bistec y Queso
800 Calories

Slow-roasted goodness
in every bite.



Pot Roast Melt

USDA Choice beef slow-cooked with caramelized onions in a rich beef & mushroom gravy. Topped with Swiss & American cheeses on grilled artisan sourdough bread. 8.29
Sándwich de Asado de Res y Queso
1060 Calories



NEW! Chicken Bacon Griller

Grilled chicken breast with Provolone cheese, fire-roasted tomato spread, lettuce & bacon on a grilled bun. 8.99
Sándwich de Pollo con Tocino
850 Calories



Simple & Fit Under 600 Calories Simply Chicken Sandwich

Grilled chicken breast, lettuce & tomato on a grilled bun. Served with seasonal mixed fruit. 8.29
Simple & Fit Sándwich de Pechuga de Pollo
490 Calories

Take 2 Combo

Pick 2 of your favorite items to make it a combo. 7.49

- **House Salad**
110-390 Calories
- **Side Caesar Salad**
400 Calories
- **Seasonal Mixed Fruit**
60 Calories
- **Soup of the Day**
140-420 Calories
- **Half Turkey Sandwich**
290 Calories
- **Half Double BLT**
410 Calories
- **Half Pot Roast Melt**
530 Calories
- **Half Griddle Melt**
600-770 Calories

hand-crafted griddle melts

Griddle Melts include
your choice of:

Seasoned Fries
300 Calories

Hash Browns
320 Calories

Seasonal Mixed Fruit
60 Calories

Ham & Egg Melt

An omelette[†] topped with ham, Swiss & American cheeses on grilled artisan sourdough bread.
Full sandwich 8.29
Half sandwich 5.99
Sándwich de Jamón, Huevo y Queso
600-1190 Calories

[†]Omelettes made with a splash of buttermilk & wheat pancake batter

Hand-crafted
& a hand-full!

Spinach, Roasted Red Pepper & Cheese Melt

An omelette[†] with fresh spinach & onions topped with roasted red peppers, Parmesan, Provolone & Pepper Jack cheeses on grilled artisan sourdough bread.
Full sandwich 8.29
Half sandwich 5.99
Sándwich de Espinacas, Pimientos Rojos Asados y Queso
640-1270 Calories

NEW! Bacon & White Cheddar Melt

An omelette[†] with bacon, fresh spinach & green onions topped with White Cheddar & fire-roasted tomato spread on grilled artisan sourdough bread.
Full sandwich 8.29
Half sandwich 5.99
Sándwich de Tocino y Queso Blanco
770-1490 Calories



appetizers & burgers



Onion Rings
Our classic golden brown onion rings. 4.99
Aros de Cebolla
1250 Calories



Appetizer Sampler
Monster Mozza Sticks, Onion Rings & Crispy Chicken Strips served with honey mustard & marinara sauces. 8.79
Aperitivos Sampler
1730 Calories



Monster Mozza Sticks
Five thick Mozzarella cheese sticks served with marinara sauce. 6.99
Palitos de Queso Mozzarella
770 Calories



Crispy Chicken Strips & Fries
Five all white meat crispy strips. Served with seasoned fries, garlic bread & honey mustard dipping sauce. 8.29
Crujientes Tiras de Pollo y Papas Fritas
1190 Calories



Chicken Fajita Quesadilla
Grilled seasoned chicken breast, fresh green peppers, onions & tomatoes in a flour tortilla with melted Jack & Cheddar cheeses. Served with sour cream & salsa. 8.29
Quesadilla de Fajitas de Pollo
1020 Calories

classic burgers

Burgers[†] include your choice of:

Seasoned Fries
300 Calories

Onion Rings
620 Calories

Seasonal Mixed Fruit
60 Calories

Soup
140-420 Calories

Side Salad
110-400 Calories

Bacon Cheeseburger
Our beef patty topped with Cheddar cheese, bacon, lettuce, tomato & red onion on a grilled bun. 8.49
Available without bacon. 7.99
Hamburguesa con Queso y Tocino
790-880 Calories

Mega Monster Cheeseburger
Two patties smothered in American & Provolone cheeses with lettuce, tomato & red onion on a grilled bun. 9.99
Hamburguesa Mega Grande con Queso
1190 Calories

Patty Melt
Our burger topped with grilled onions & American cheese on grilled rye bread. 8.29
Croqueta con Queso a La Plancha
910 Calories



hearty dinner favorites

Hearty Dinners[†]
include your choice of:

[†]Except for Simple & Fit selections which are served as described.

Soup
140-420 Calories

Side Salad
110-400 Calories

It's always T-Bone steak time!



T-Bone Steak*
Served with seasoned red skin potatoes, steamed broccoli & garlic bread. 15.99
Bistec T-Bone
1020 Calories

Our grilled chicken makes pasta perfect!



NEW! Italian Chicken Pasta
Grilled chicken breast over fettuccine, spinach & mushrooms in a tomato Alfredo sauce topped with Parmesan cheese. Served with garlic bread. 10.99
Pasta con Pollo Italiana
1370 Calories



Fried Chicken Dinner
Four pieces of fried chicken. Served with mashed potatoes, buttered corn & garlic bread. 11.99
Cena de Pollo Frito
1500 Calories

A real stick-to-your-ribs good time!



French Onion Pot Roast
USDA Choice beef slow-cooked with caramelized onions in a rich beef & mushroom gravy. Served with mashed potatoes, buttered corn & garlic bread. 9.99
Asado de Res con Cebollas Francesas
940 Calories

A great low-calorie option!



Simple & Fit Under 600 Calories Grilled Balsamic-Glazed Chicken
Chicken breast topped with sautéed mushrooms, onions, tomatoes & balsamic glaze. Served with steamed broccoli & a house salad with reduced-fat Italian dressing. 9.99
Simple & Fit Pollo Asado con Glaseado Balsámico
400 Calories



Tilapia Florentine
Two fillets over fresh spinach tossed in Alfredo sauce. Served with mashed potatoes & garlic bread. 9.99
Tilapia a la Florentina
930 Calories



Country Fried Steak
A golden 8 oz. battered beef steak smothered in country gravy. Served with mashed potatoes, steamed broccoli & garlic bread. 10.29
Bistec Campestre Frito
1220 Calories

Smoked Sausage
Two jumbo smoked pork sausage links with green peppers & onions. Served with mashed potatoes, steamed broccoli & garlic bread. 9.99
Salchichas Ahumadas
980 Calories

Dinner never looked so good!

NEW! Buttermilk-Battered Fish & Chips
Two buttermilk-battered fillets with a side of tartar sauce. Served with seasoned fries & garlic bread. 9.99
Pescado Empanizado y Papas Fritas
1110 Calories



Sirloin Steak Tips Dinner*
USDA Select sirloin tips with grilled onions & mushrooms. Served with mashed potatoes, buttered corn & garlic bread. 12.29
Cena de Puntas de Bistec Sirloin
940 Calories



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55+ specialty entrées



55+ French Toast
Four triangles served with 2 bacon strips or 2 pork sausage links. 5.79
55+ Pan Francés
590-670 Calories



55+ Breakfast Sampler*
One egg, 1 strip of bacon, 1 pork sausage link, 1 piece of ham, hash browns & 1 buttermilk pancake. 6.29
55+ Desayuno Sampler
790 Calories



55+ Buttermilk Pancakes
Three of our award-winning buttermilk pancakes. 5.99
55+ Panqueques de Buttermilk
470 Calories



55+ Pot Roast
USDA Choice beef slow-cooked with caramelized onions in a rich beef & mushroom gravy. Served with mashed potatoes, buttered corn & garlic bread. 6.99
55+ Asado de Res
630 Calories



55+ 2 x 2 x 2*
Two buttermilk pancakes, 2 eggs & 2 bacon strips or 2 pork sausage links. 5.79
55+ 2 x 2 x 2
680-760 Calories

55+ Smoked Sausage Dinner
One jumbo smoked pork sausage link with green peppers & onions. Served with mashed potatoes, steamed broccoli & garlic bread. 6.99
55+ Cena de Salchicha Ahumada
750 Calories

55+ Smokehouse Combo*
One jumbo smoked pork sausage link served with 1 egg, hash browns & 1 buttermilk pancake. 6.49
55+ Combo de Salchicha Ahumada
860 Calories

Add Soup or Side Salad .99
110-420 Calories

55+ Tilapia Florentine
One fillet over fresh spinach tossed in Alfredo sauce. Served with mashed potatoes & garlic bread. 7.99
55+ Tilapia a la Florentina
810 Calories

55+ Rise 'N Shine*
Two eggs, hash browns, 2 bacon strips or 2 pork sausage links & toast. 6.29
55+ Desayuno Levantate y Brilla
1070-1150 Calories



Today calls for a scrumptious eye-opener!



Create Your Own 55+ Omelette

served with 2 buttermilk pancakes

An omelette made with a splash of buttermilk & wheat pancake batter with choice of cheese: Cheddar, White Cheddar, American, Jack & Cheddar blend, Provolone, Swiss or Pepper Jack. 6.99
Crea tu Propio 55+ Omelette
750-830 Calories

Add your ingredients. .79 each

- **Bacon**
90 Calories
- **Pork Sausage**
180 Calories
- **Ham**
30 Calories
- **Extra Cheese**
150-230 Calories
- **Fresh Mushrooms**
10 Calories
- **Fresh Tomatoes**
10 Calories
- **Fresh Spinach**
15 Calories
- **Fresh Green Peppers & Onions**
10 Calories
- **Roasted Red Peppers**
10 Calories
- **Green Onions**
10 Calories

Add a Side

-  **Oatmeal** 2.99
with brown sugar, milk & bananas
260 Calories
- **Hash Browns** 1.99
320 Calories
- **Buttered Toast** 1.59
250-400 Calories
- **Small Bowl of Seasonal Fruit** 1.99
60 Calories
- **Pork Sausage Links (4)** 2.99
350 Calories
- **Bacon Strips (4)** 2.99
180 Calories
- **Slice of Ham** 3.49
120 Calories
- **Turkey Bacon Strips (4)** 2.99
100 Calories
- **Seasoned Red Skin Potatoes** 1.99
390 Calories
- **English Muffin** 1.59
190 Calories
- **Biscuits (2)** 1.99
440 Calories

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Just for Kids!

(12 and Under)

All of our Just for Kids entrées are under 600 calories.



Funny Face®

A chocolate chocolate chip pancake with powdered sugar, maraschino cherry eyes & a whipped topping smile. **Available in buttermilk version.** 4.79

Funny Face®
450-480 Calories



Silver 5

Five silver dollar buttermilk pancakes. Served with 1 scrambled egg & 1 bacon strip. 4.79

Panqueques 5 de Plata
370 Calories



Cheese Omelette

Made with a splash of buttermilk & wheat pancake batter & stuffed with Cheddar cheese. Served with seasonal mixed fruit. 4.79

Omelette de Queso
570 Calories



French Toast

Two triangles dusted with powdered sugar. Served with 2 bacon strips. 4.79

Pan Francés
360 Calories



Whole Wheat Pancake w/ Bananas Combo

One whole wheat pancake topped with fresh banana slices. Served with 1 scrambled egg & 1 bacon strip. 3.99

Combo de Panqueque de Trigo Integral con Plátano
330 Calories • 3g Fiber



Rooty Jr.®

One buttermilk pancake topped with choice of cinnamon apple or blueberry compote, or glazed strawberries. Served with 1 scrambled egg, 1 bacon strip & 1 pork sausage link. 4.79

Rooty Jr.®
490-500 Calories



Cheeseburger

Our beef patty topped with American cheese. Served with seasonal mixed fruit. 4.79

Hamburguesa con Queso
410 Calories



Crispy Chicken Strips

Two all white meat crispy strips. Served with seasonal mixed fruit. 4.99

Crujientes Tiras de Pollo
270 Calories



Grilled Cheese Sandwich

Made with American cheese. Served with seasonal mixed fruit. 4.79

Sándwich de Queso a la Plancha
440 Calories



KRAFT® Macaroni & Cheese

Served with seasonal mixed fruit. 4.79

Macarrones con Queso
370 Calories

Create-A-Face Pancake®

A buttermilk pancake with strawberry eyes, a whipped topping nose & a fresh banana smile. Served with a tube of low-fat strawberry yogurt. 4.99

Create-A-Face Pancake®
420 Calories



FREE refills on soft drinks!

Kid's Drinks

1.69 Kid's Bebidas 0-270 Calories

- 2% Milk
- Soft Drinks
- Chocolate Milk
- Hot Chocolate
- Juice



Ice Cream Sundae

Vanilla ice cream topped with choice of hot fudge or glazed strawberries. 2.49

Helado con Chocolate o Fresas Glaseadas
200-320 Calories



Substitute seasoned fries instead of fruit.

IHOP cannot ensure items do not contain ingredients that might cause an allergic reaction. Please consider this when ordering and ask for a copy of the Allergen Information.

desserts & beverages

Bottomless Beverages

Free refills are always a nice perk!



Never Empty Coffee Pot®

Regular or Decaf 2.39 per person
Café Regular o Descafeinado
5 Calories per cup

Iced Coffee 2.79

- Mocha
- Vanilla
- Original

Café Helado
210-260 Calories

IHOP Splashers®

Sparkling, fruity & refreshingly delicious. 2.79

- **Splashberry:** A blend of glazed strawberries, lemon-lime soda & premium orange juice.

140 Calories

- **Tropical Island Twist:** A blend of lemonade, lemon-lime soda & tropical mango syrup.

180 Calories

Hot Tea 2.39

Té Caliente
5 Calories

Brisk® Unsweetened Iced Tea 2.39

Té Helado • 0 Calories

Lemonade 2.39

Limónada • 150 Calories

Soft Drinks 2.39 Refrescos



130 Calories



0 Calories



140 Calories



130 Calories

Mug® Root Beer

130 Calories



delicious desserts

Ice Cream Sundae

Two scoops of vanilla ice cream with choice of hot fudge or glazed strawberries. 4.99
Helado de Vainilla con Chocolate o Fresas Glaseadas
370-490 Calories



Fruit Crepe

Filled with choice of cinnamon apple or blueberry compote, or glazed strawberries. Topped with vanilla ice cream & more fruit topping. 3.99
Crepa con Fruta
490-530 Calories



Crispy Strawberry Banana Cheesecake

Creamy cheesecake layered with caramel & chunks of banana, quick-fried in a flaky crust. Topped with glazed strawberries & fresh slices of banana. 3.99
With a scoop of ice cream. 4.99
Bizcocho de Queso Frito con Fresas y Plátano
660-750 Calories

International House Roast Flavored Coffee 2.39

- French Vanilla
- Swiss Mocha

Café de Sabor
190 Calories

Hot Chocolate 2.39

Chocolate Caliente
110 Calories

2% Milk

Regular 2.39 • Large 2.99
Leche al 2%
120-210 Calories

Chocolate Milk

Regular 2.39 • Large 2.99
Leche con Chocolate
220-360 Calories

Milk Shake 3.99

Malteada de Leche
470-480 Calories



Premium Pure-Squeezed Orange Juice

Regular 2.39 • Large 2.99
Carafe 5.99
Jugo de Naranja Premium
110-450 Calories

Juices

Regular 2.39 • Large 2.99
Carafe 5.99

- Apple
- Grapefruit
- Tomato
- Cranberry

Jugos
45-480 Calories

Goes great with breakfast AND dessert!

Never Empty Coffee Pot®

Splashberry

Iced Tea

Iced Coffee

IHOP Freshly-Brewed Coffee

French Vanilla Flavored Coffee

Swiss Mocha Flavored Coffee

State and local taxes will be added to the price of all items.
Not responsible for personal belongings.
Substitutions available for an additional charge.